

# Notes from the Navigator....

A Monthly Newsletter about Serving Customers with Disabilities in the One-Stop System

## Suffolk Independent Living Organization

Silo is a consumer-controlled, non-residential, civil and human rights, not-for-profit community organization working with people with disabilities. The Center is philosophically tied to the nationwide Independent Living and Disability Rights Movement. The movement asserts that people with disabilities have the same rights, needs, desires and responsibilities as non-disabled peers

Community change activities involve removing architectural, communicational and attitudinal barriers that prevent full access and integration of people with disabilities into the community.

Services assist consumers to act for themselves in developing skills and abilities that leads to autonomy and independence

### Programs Include:

**Independent Living Skills Counseling and Training:** Assists in developing skills that enhance independence and self-direction, as budgeting, household skills, traveling etc.

### Peer Counseling:

Working with a counselor who has personal experience with a disability that will enhance empowerment, self-direction and independence.

The Disability Program Navigator Initiative is a collaborative effort of the Suffolk County One-Stop Center, the Suffolk County Workforce Investment Board, VESID and Abilities, Inc.

For More Information Contact: Alice Young, Navigator  
(631) 853-6775

### Benefit Advisement:

Information on legal, economic, educational entitlements, eligibility rights and responsibilities.

### Information and Referral:

Individuals are referred to agencies appropriate to their need.

For further information contact:

Ed Ahearn  
Director  
SILO  
Phone: 631 654-8007  
Website: [www.suffolkilc.org](http://www.suffolkilc.org)

Or write them at Suffolk Independent Living Organization (SILO), 140 Fell Court, Suite 116, Hauppauge, NY 11788.

This project is funded by a grant from the  
U.S. Department of Labor,  
Employment and Training Administration

