

# Notes from the Navigator....

A Monthly Newsletter about Serving Customers with Disabilities in the One-Stop System

## TAKING STEPS NOW

Taking Steps Now offers an educational and systemic approach towards maximizing one's potential through self-evaluation and character building. Everyone should be guided by the vision that the journey toward having a happy and successful life is given by the desire to make those dreams come true. Realizing goals of tomorrow can only be achieved through believing in oneself, understanding our limitations and overcoming obstacles.

In Disability Advocacy, empowerment, independence and self-reliance are important principles in becoming a self advocate. Self advocacy is the ability to effectively communicate and assert your own interests, needs and rights. That means making informed decisions and taking responsibility for those decisions.

Glenn F. Campbell is a Civil Rights attorney. He lectures on disability related issues and is a peer counselor to individuals with disabilities.

This project is funded by a grant from the  
U.S. Department of Labor,  
Employment and Training Administration

The Disability Program Navigator Initiative is a collaborative effort of the Suffolk County One-Stop Center, the Suffolk County Workforce Investment Board, VESID and Abilities, Inc.

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He currently is a facilitator of the focus group Self Advocacy, Empowerment and Employment at the Suffolk County One-Stop Employment Center in Hauppauge. It is offered on the third Tuesday of each month.

### **Other services include:**

Motivational Presentations  
Workshops  
ADA Consulting

Presentations and services can be tailored to the needs of the particular audience. Fees are based upon type of service provided.

### **For Information:**

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